

SIGNS OF ILLNESS

The newborn infant must be watched and evaluated more carefully if he gets sick the first three months of life. If you notice the following signs, you should contact us:

- If the temperature is 100.4 degrees or higher **rectally**
(Please take your baby's temperature **before** calling)
- Vomiting (not just "spitting up") for several feedings in a row
- Excessive or inconsolable crying
- Listlessness
- Bowel movements that are looser and more frequent than normal
- Any unusual rash

Do **not** give fever medication to a newborn without talking to our office first.

Please make the call yourself if possible. Relaying a message through a third party may lead to misinformation. In order to return your call, we need your child's name, date of birth, a brief description of the problem, and your telephone number. Please have a pen and paper ready when you call. It may be difficult to remember instructions especially if you are upset.

RECOMMENDED READING AND WEBSITES

- The AAP; Caring for Your Baby and Young Child: Birth to Age 5
- Steven P. Shelov, MD, FAAP, Editor in Chief
- CPR class information: www.trianglaredcross.org
- Infant/Child Safety Seat information: www.buckleup.org
- Choosing Quality Daycare: www.ncchildcare.net

For additional sites, please visit our Recommended Links page

<http://www.raleighpediatrics.com/recommended-links/>