



Our Practice is now using RAAPS.

RAAPS is a risk assessment developed especially for use with pre-teens, teens and young adults. As our younger patients enter adolescence their healthcare needs change. For example, did you know the most serious teen health issues are a result of **preventable** risk behaviors?

According to the CDC, **3 out of 4 serious injuries and deaths in adolescents are caused by risky behaviors, not disease.** And most teens engage in some risky behavior – sometimes without realizing it.

Just as adults are screened for disease, teens should be screened for risky behaviors. The RAAPS survey helps us identify these risks early, in a format that youth are more comfortable using – technology!

And screening youth for risk behaviors helps us meet national recommendations from both the American Medical Association and the American Academy of Pediatrics.

Please ask us if you have any questions or want any additional information about our screening with RAAPS.

Adolescents are faced with lots of health risks – including:

- *Unsafe driving*
- *Poor nutrition and lack of physical activity*
- *Alcohol and drug use*
- *Bullying and physical abuse*
- *Dieting disorders (starving and/or binging)*
- *Sad feelings or struggling with anger*
- *Early or unprotected sexual experiences*